

**EXPERIENCE THE CRETAN CULTURE** 



# **COOK WITH LOCALS**

## **DURATION**

Approximately **4 HOURS** including round-trip transfer

## WHAT'S INCLUDED

- ALL EQUIPMENT
- ALL INGREDIENTS
- APRON
- ALL THE RECIPES
- WELCOME BEVERAGES
- AIR-CONDITIONED VEHICLE
- SHARED TRANSPORTATION
- ALL FEES AND TAXES
- ALCOHOLIC BEVERAGES
- BOTTLED WATER
- COMMEMORATIVE GIFTS RECIPES
   PHOTOS TAKEN ON TOUR ARE
   SENT ELECTRONICALLY VIA E-MAIL
- FOUR-COURSE LUNCH



Traditional Cooking Classes in Crete is a captivating exploration of the island's rich gastronomic tapestry. Guided by seasoned local cooks, participants delve into the heart of Cretan cuisine, marked by abundant fresh, locally sourced ingredients such as the renowned Cretan olive oil, aromatic herbs, vegetables, and meats. Beyond mastering iconic dishes like Dakos, Gemista, and Tzatziki, these hands-on experiences provide a profound connection to the island's cultural heritage. As each chop and sauté unfolds, participants learn the intricacies of traditional recipes and gain insights into historical tips, unraveling the stories behind the dishes that have become integral to Cretan identity. With a warm welcome extended to vegetarians, the classes epitomize inclusivity, offering a holistic and authentic encounter with the flavors, traditions, and history of Cretan gastronomy.

MELIDONI CAVE, WILD LIFE, HONEY & OLIVE OIL

# **CRETAN OUTBACK'S**

## **DESCRIPTION:**

Spending a day in Melidoni village promises a delightful blend of history, nature, and local experiences. Begin your adventure at **Melidoni Cave**, a fascinating underground marvel with a rich historical background. As you explore the cave's chambers and corridors, you'll be immersed in the tales of its use as a place of worship and refuge throughout the centuries. The unique stalactite formations and the echoing silence create a mystical atmosphere that captivates visitors.

Next on the itinerary is a visit to **Reptisland Wildlife**, an exciting stop that introduces you to the diverse reptilian inhabitants of

the region. From colorful chameleons to slithering snakes, the wildlife center provides an up-close encounter with the area's fascinating reptile species. It's an engaging experience, especially for families and nature enthusiasts.

For a taste of local culture, head to the **Honey Museum**, where you can uncover the secrets of Cretan honey production. Learn about the traditional methods of beekeeping, sample various honey varieties, and appreciate the crucial role bees play in the island's ecosystem. The museum offers a sweet journey into the world of honey, providing insights into a cherished aspect of Crete's culinary heritage.

## WHAT'S INCLUDED

- PICK UP AND DROP OFF FROM CUSTOMERS' HOTEL
- TRANSPORTATION WITH 4WD SUV
- AIR-CONDITIONED VEHICLE
- OLIVE MILL TOUR
- HONEY MUSEUM TOUR
- BOTTLED WATER
- FOUR-COURSE TRADITIONAL LUNCH AT A LOCAL TAVERN

## DURATION

Approximately 8 HOURS including round-trip transfer

Wrap up your day at an **Olive**mill, where you can witness the
meticulous process of olive oil
production. From the harvesting
of olives to the pressing of
oil, the mill offers a handson experience showcasing the
significance of olive oil in
Cretan cuisine. You may even
have the chance to taste freshly
pressed olive oil, elevating your
understanding of this
essential ingredient.

In summary, a day exploring
Melidoni village unveils the layers
of Crete's history, biodiversity,
and culinary traditions.
It's a well-rounded itinerary
that promises a memorable and
enriching experience for anyone
seeking a taste of authentic
Cretan life.

## WHAT'S EXCLUDED

- MELIDONI CAVE ADMISSION FEE 4€ PER PERSON
- REPTISLAND ADMISSION FEE 5€ PER PERSON



FULL DAY RICHTI WATERFALL,
MOCHLOS BEACH & AZORIA OLIVE TREE

# **EASTERN CRETE**

#### **DESCRIPTION:**

Embark on a breathtaking journey through the stunning landscapes and rich history of Crete with our Full Day Richti Waterfall, Mochlos Beach, and Azoria Olive Tree tour. Our adventure begins with a visit to the picturesque Richti Gorge, where nature's beauty unfolds before your eyes. As you trek through the rugged terrain, be prepared to be mesmerized by the sight and sound of the **Richti Waterfall** cascading down the rocky cliffs. Feel the cool mist on your skin as you soak in the serenity of this hidden gem tucked away in the Cretan wilderness.

After immersing yourself in nature's wonders, we'll head to the tranquil shores of **Mochlos Beach**, a serene haven where crystal-clear waters meet soft golden sands. Take a refreshing dip in the Aegean Sea or simply bask in the sun while savoring the peaceful atmosphere. Whether you choose to unwind with a leisurely stroll along the coastline or indulge in a delicious seaside picnic, Mochlos Beach offers the perfect setting for relaxation and rejuvenation.

Our journey culminates with a visit to the **ancient olive tree of Azoria**, a living testament to Crete's rich cultural heritage and agricultural legacy. Marvel at the sheer magnitude and timeless beauty of this majestic tree, which has stood the test of time for centuries. Learn about the significance of olive cultivation in Cretan history and sample some of the finest local olive products, from extra virgin olive oil to delectable olive-based snacks. Immerse yourself in the essence of Crete as you uncover the secrets of its past and present on this unforgettable full-day tour...

## DURATION

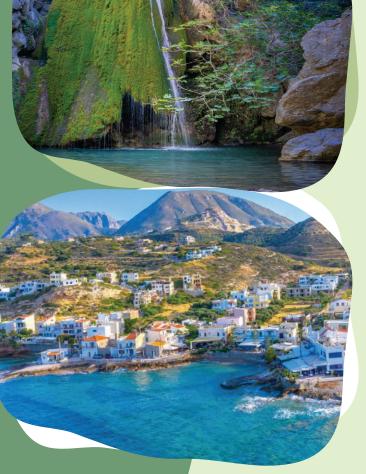
Approximately 8 HOURS including round-trip transfer

## WHAT'S INCLUDED

- PICK UP AND DROP OFF FROM CUSTOMERS' HOTEL
- TRANSPORTATION WITH 4WD SUV
- AIR-CONDITIONED VEHICLE
- BOTTLED WATER
- A LIGHT SNACK (LUNCH BOX)

## WHAT'S EXCLUDED

- ENTRANCE TO THE RICHTI GORGE (3.00 EURO / PERSON)
- LUNCH



SPINALONGA ISLAND, PLAKA, ELOUNDA, AGIOS NIKOLAOS, OLIVE OIL FACTORY

# **EASTERN CRETE 2**

#### **DESCRIPTION:**

Embark on an unforgettable journey through the hidden gems of Crete with our premium SUV and limo tours. Our experienced guides will lead you off the beaten paths, unveiling the beauty of the island and its captivating landmarks like Spinalonga and Agios Nikolaos.

The adventure begins as we pick you up from your hotel, setting the stage for an exploration of Eastern Crete. At Agios Georgios Monastery, immerse yourself in history by visiting the **museum**, providing insights into the rich cultural tapestry of Crete. Moving on, our next destination is Neapolis village, where you'll delve into the **olive oil production** process at a family-run mill. Sample exquisite olive oil and other local products, connecting with the essence of Cretan traditions.

As we ascend the mountains to **Vrouchas village**, take a moment to enjoy a refreshing beverage amidst the serene surroundings. The journey continues towards **Plaka Village**, a charming fishing hamlet overlooking **Spinalonga Island**. A short boat ride takes you to the last leper colony in Europe, offering a unique cultural experience. Conclude your day in the enchanting city of Agios Nikolaos, with its breathtaking view of the "Bottomless Lake." Enjoy free time for coffee, shopping, and a leisurely stroll in this vibrant Cretan city. Seize the opportunity to savor fresh fish in Plaka, adding a culinary delight to your exploration.

### WHAT'S INCLUDED

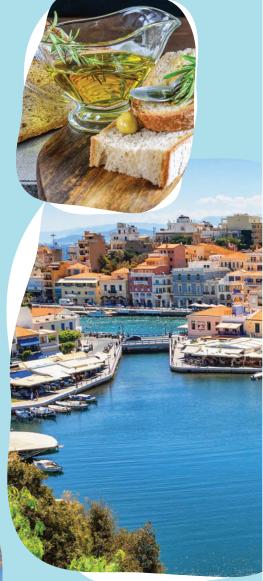
- OLIVE MILL TOUR
- AIR-CONDITIONED VEHICLE
- ALL FEES AND TAXES
- BOTTLED WATER
- SMALL-GROUP SHARE TRANSPORTATION
- LUNCH BOX

#### WHAT'S EXCLUDED

- LUNCH
- ENTRANCE SPINALONGA

   (8 EUROS PER PERSON, REDUCED
   ADMISSION 4 EUROS PER PERSON)
- BOAT TICKET IS NOT INCLUDED (14 EUROS ROUND TRIP) / PERSON





## DURATION

Approximately 8 HOURS including round-trip transfer

GUIDED JEEP SAFARI

# LASITHI PLATEAU - ZEUS CAVE

## DESCRIPTION:

Crete, with its captivating blend of natural marvels and historical treasures, promises an unforgettable journey through its diverse landscapes. The Lasithi Plateau, nestled amidst towering mountains, showcases the island's breathtaking topography with fertile fields and quaint villages dotting its high-altitude plains. From sprawling olive groves to vibrant vineyards, the plateau paints a picturesque scene that embodies rural Crete's essence.

Further exploration leads to the legendary Zeus Cave, steeped in mythology as the birthplace of the king of the gods. Its cavernous chambers adorned with magnificent stalactite and stalagmite formations evoke wonder and reverence, connecting visitors with ancient tales and geological wonders.

Traditional villages, perched on hillsides or nestled in valleys, offer a glimpse into the island's cultural heritage, with cobbled streets bustling with local artisans and tavernas exuding warm Cretan hospitality.

Amidst the landscape, **old windmills** stand as silent sentinels of Crete's agricultural past, adding rustic charm to the scenery. And the island's oldest and largest tree symbolizes nature's resilience through centuries, inviting profound connections with Crete's natural heritage. This holistic journey through the Lasithi Plateau, Zeus Cave, traditional villages, windmills, and ancient trees weaves together nature, mythology, and history, leaving an indelible mark on every traveler's heart.

### WHAT'S INCLUDED

- PICK UP AND DROP OFF FROM **CUSTOMERS' HOTEL**
- TRANSPORTATION WITH 4WD SUV
- AIR-CONDITIONED VEHICLE
- COMPLEMENTARY BOTTLED WATER
- LUNCH BOX
- OLIVE MILL TOUR

### WHAT'S EXCLUDED

 ZEUS CAVE ADMISSION FEE 6€ / PERSON (CHILDREN 0-18 YEARS OLD - FREE)



## **DURATION**

Approximately 8 HOURS including round-trip transfer A JOURNEY OF FLAVOR AND TRADITION, OLIVE, WINE, RAKI

# CRETE CULINARY ODYSSEY

## **DESCRIPTION:**

Embark on an enchanting journey through the heart of Crete, where the vibrant tapestry of its culture and culinary legacy unfolds before your eyes. Kickstart your adventure at an olive mill, where the air is redolent with the essence of olives, and immerse yourself in the time-honored craft of olive oil extraction. Discover the customs and rituals that define Cretan cuisine, as you delve into the very roots of the island's gastronomic heritage.

Next, venture to a charming micro-winery and raki distillery nestled amidst sun-drenched vineyards, where the magical art of winemaking and distillation unveils the secrets behind Crete's renowned indigenous grape varieties and beloved spirit. Engage your senses in a delightful wine tasting featuring four distinct wines, followed by spirited raki tastings, offering an authentic glimpse into the soul of the island.

Savor a sumptuous feast of Cretan delicacies, each dish a harmonious blend of local flavors. As the gentle breeze carries the sounds of laughter and the clinking of glasses, the meal evolves into a jubilant celebration of tradition, forging a profound connection between Crete's culinary richness and the authentic charm of Cretan terroir.

## DURATION

Approximately 6 HOURS including round-trip transfer





- AIR-CONDITIONED VEHICLE
- ALCOHOLIC BEVERAGES
- ALL FEES AND TAXES
- BOTTLED WATER
- A LIGHT SNACK AT THE MICRO WINERY DISTILLERY
- TASTING OF 4 INDIGENOUS WINE VARIETIES
- OLIVE MILL VISIT WITH OLIVE OIL TASTING
- RAKI TASTING
- LIGHT LUNCH AT ARCHANES VILLAGE
- SMALL GROUP SHARED TRANSPORTATION



HALF-DAY SMALL-GROUP

# WINE TOUR

## **DESCRIPTION:**

Embark on a sensory journey through the heart of Cretan winemaking tradition with our exclusive 5- hour guided wine tour. Nestled in the picturesque Kounavoi Village, you'll find the acclaimed **Titakis Winery**, where nearly 50 years of expertise in crafting exceptional wines awaits. Begin your adventure by wandering through the lush vineyards, soaking in the panoramic views, and unwinding under the cool shade of the pergola at the vineyard house.

Your experience unfolds with an informative tour led by knowledgeable hosts who will unveil **the secrets of winemaking, from vine to bottle**. Explore the sommelier's cottage and delve into the intricacies of indigenous grape varieties that define the region's rich oenological heritage. Traverse the labyrinthine cellars, where age-old traditions merge with modern techniques to create extraordinary vintages.

The highlight of your excursion awaits at the tasting sessions, where you'll indulge in a curated selection of **10 distinct wine labels**, each bearing the unique imprint of its terroir and the passionate craftsmanship of the winemakers. From crisp whites to robust reds, every sip invites you to discern the nuanced flavors and nuances that reflect the essence of Crete. Prepare to be enchanted as you discover the distinctive personalities woven into each bottle, leaving you with unforgettable memories of Cretan wine culture..



## **DURATION**

Approximately **5.5 HOURS** including round-trip transfer

## WHAT'S INCLUDED

- WINERY TOUR AND CELLAR TOUR
- WINE TASTING OF 10 WINE LABELS
- AIR-CONDITIONED VEHICLE
- ALL FEES AND TAXES
- BOTTLED WATER
- SMALL GROUP SHARE TRANSPORTATION
- LIGHT LUNCH AT ARCHANES VILLAGE





# WINE & OLIVE OIL TOUR

## WHAT'S INCLUDED

- OLIVE MILL TOUR
- OLIVE GROVES TOUR
- OLIVE OIL TASTING
- WINERY DISTILLERY TOUR
- WINE TASTING OF 4 WINE LABELS AND 2 RAKI
- AIR-CONDITIONED VEHICLE
- ALL FEES AND TAXES
- BOTTLED WATER
- SMALL GROUP
- LIGHT LUNCH AT ARCHANES VILLAGE

## DURATION

Approximately **5.5 HOURS** including round-trip transfer



#### **DESCRIPTION:**

Embark on a delightful journey through the picturesque landscapes of Crete, with our Olive Oil and Winery Small Group Tour! Experience the essence of Cretan culture as you delve into the rich traditions of olive oil and winemaking, accompanied by a knowledgeable local guide.

Your adventure begins with a visit to a charming olive grove, where you'll learn about the ancient art of olive oil production. From the cultivation of olive trees to the pressing process, discover the secrets behind Crete's renowned olive oil. Savor the flavors of freshly pressed olive oil during a tasting session, where you'll indulge in the distinct aromas and robust tastes that characterize Cretan olive oil.

Next, journey to a local winery nestled in the rolling hills of Crete's countryside. Here, you'll be greeted with warm hospitality as you explore the **vineyards and cellars**. Immerse yourself in the world of Cretan wines as you learn about the unique grape varieties and winemaking techniques that define the region. Cap off your experience with a guided wine tasting, where you'll sample a selection of exquisite wines.

With small group sizes ensuring an intimate experience, this tour promises an unforgettable journey filled with unforgettable flavors and memories. Join us for a day of gastronomic delights and cultural immersion on our Small Group Olive Oil and Winery Tour.

## **DESCRIPTION:**

Nestled on the slopes of the majestic Psiloritis mount, our **traditional stone-built Shepherd Shelter**, or Mitato, stands as a testament to the enduring Cretan lifestyle. Crafted with care by skilled hands, this cozy retreat at 848 meters above sea level beckons travelers seeking an authentic glimpse into Cretan traditions.

At our Shepherd's Shelter, we invite you to immerse yourself in our passion for preserving and sharing the essence of Cretan life. Whether you're drawn to the rustic charm of **sheep milking**, the artistry of **cheese- making**, or the camaraderie of **sheep-shearing**, each season unveils a tapestry of experiences unique to our mountain abode.

But it's not just about observation — it's about **participation**. Engage in the age-old fiesta of raki distillation, join us in gathering fragrant herbs from the surrounding hillsides, or savor the satisfaction of preparing and enjoying traditional Cretan dishes together. Here, amidst the warmth of our hospitality and the beauty of nature, every moment becomes a cherished memory.

So, if you're yearning for more than just stunning photographs from your Cretan adventure, come journey with us to the Shepherd's Shelter. Live like a Cretan for a day and let the timeless rhythms of mountain life leave an indelible mark on your heart.

## DURATION

Approximately **8 HOURS** including round-trip transfer

#### WHAT'S EXCLUDED

• ADMISSION TO SFENDONI CAVE (5 EUROS PER PERSON) GUIDED TOUR EXPERIENCE THE DAILY LIFE OF A SHEPARD

# **CRETAN SHEPARD**



## WHAT'S INCLUDED

- DELICACIES COOKED BY THE SHEPARDS AND THEIR FAMILY MEMBERS
- AIR-CONDITIONED VEHICLE
- SMALL GROUP TRANSPORTATION
- ALL FEES AND TAXES
- ALCOHOLIC BEVERAGES
- BOTTLED WATER
- CRETAN FEAST
   (LUNCH WITH ROASTED LAMB AND PLENTY OF WINE AND RAKI)
- PARTICIPATION / OBSERVATION
   ON SEASONAL ACTIVITIES AT SHEPARD'S FARM



## DESCRIPTION:

Embark on a family adventure through Crete's captivating destinations! Explore the Amazonas Park, encounter exotic wildlife, and be mesmerized by the lush beauty of nature. Visit an authentic **Olive Oil Mill**, witness the traditional process of olive oil production, and savor the region's finest flavors.

Delve into **ancient legends** at Zeus Cave, marvel at its breathtaking stalactites and stalagmites.

Experience the serene beauty of Lasithi Plateau, immerse in Lasinthos Eco Park's **nature** and culture, and capture memories at the magnificent Aposelemi Dam. Discover the wonders of Crete on this extraordinary family excursion.



# WITH YOUR FAMILY



- OLIVE OIL MILL
- ZEUS CAVE
- LASITHI PLATEAU
- LASINTHOS ECO PARK
- APOSELEMI DAMB



- PICK-UP AND DROP-OFF
- PREMIUM 4X4 SUV VEHICLE
- AIR-CONDITIONED VEHICLE
- CERTIFIED DRIVER | GUIDE
- FULL LIABILITY INSURANCE
- LIGHT SNACK, WATER, JUICES, AND BEER FOR THE ADULTS



